



CITY OF BIRMINGHAM

Notice to Enrollees in a Self-Funded Nonfederal Governmental Group Health Plan

Group health plans sponsored by State and local governmental employers must generally comply with Federal law requirements in title XXVII of the Public Health Service Act. However, these plans are permitted to elect to exempt a plan from the requirements listed below for any part of the plan that is “self-funded” by the employer, rather than provided through a health insurance policy. The CITY OF BIRMINGHAM (City) has elected to exempt City Group Health Plan Behavioral Health Systems from the following requirements:

Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.

The exemption from these Federal requirements will be in effect for the 2023 plan year beginning July 1, 2022 and ending June 30, 2023. The election may be renewed for subsequent plan years.